

# MARCH '20

# ADULT PROGRAMS

HARTFORD PUBLIC LIBRARY

To learn more, please visit:

[www.hplct.org/classes-seminars-exhibits/](http://www.hplct.org/classes-seminars-exhibits/)

## Chicago Style Steppin

Every Monday, March 2, 9, 16, 23, 30: 6-7:30PM

*Downtown Library, Atrium*

Open to beginners and all levels! Come by for a Chicago Style Steppin Dance Class by the Hartford City Steppers taught by experienced instructor Jannett Jennings. This is a partnered dance class, but all are welcome to come as individuals, a couple, or a group.

## English Language Classes for Beginners

Tuesdays & Thursdays, 10AM-12PM

*Dwight Library*

English classes to speakers of other languages. Registration is required- call 860-695-7461 to register

## Knitting for Everyone Workshop Series

Wednesdays March 4, 11, 18, 25: 1-2PM

*Park Library*

Knitting Workshops for beginners where together we learn and work on a variety of projects using Creative Bug and/or Youtube.

## Freedom from Smoking

Thursdays March 5, 12, 19 & 26 and

Tuesday, March, 24: 5:30-7:30 PM

*Camp Field Library*

Join us for a FREE program for those ready to quit smoking. Group meets Thursday evenings for 7 weeks, including Tuesday, March 24. Call 860-679-5184 to register.

## Census Family Night

Monday, March 9: 5:30 to 7:30PM

*Park Library*

Join us for a family fun night, with Census children book story hour, food, and fun activities.

## Gardening Workshop Series

Tuesday, March 10, 17: 10:30-11:30AM

*Park Library*

Gardening series in which participants will learn different gardening techniques/tips, receive and select free seeds, and apply for/secure a garden plot in the Affleck Street community garden. This program is in collaboration with KNOX.

## Wellness Night: Joyful Collage

Tuesday, March 10: 6-7:30PM

*Downtown, Atrium*

Join us for a series of Wellness Night's every month! Come and learn new ways to implement wellness strategies into your busy everyday life. This month we will be offering a joyful collage art-making session with Art Therapist with Katya Zajac. Materials provided.

## Love Your Block Pop Up Event

Monday, March 11, 5-7PM

*Park Library*

This program is in collaboration with the city of Hartford Love Your Block Initiative, and the Hartford History Center. See the Frog Hollow Neighborhood photograph exhibit, learn about the history of the neighborhood, and learn about the opportunity to get involved, beautify your neighborhood, and make a difference with "Love Your Block" \$ 1,000-grant.

## Computer Class: Email Basics

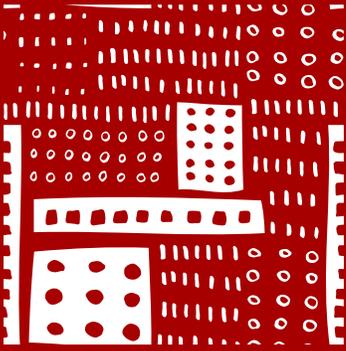
*Camp Field Branch*

Class 1: Wednesday, March 11: 11AM-12PM

Learn how to use common email features, including downloading and uploading documents.

Class 2: Friday March 13: 11AM-12PM

Learn how to practice proper email etiquette and security.



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## **Introductory Yoga Series**

Thursdays, March 5, 12, 19, 26: 6-7PM

*Barbour Library*

Enjoy the many benefits of free yoga classes with Mike Riley, a certified yoga instructor.

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## **Mujeres Empoderadas/ Women**

### **Empowerment Group Meet**

Thursdays, March 12, 26: 12-2PM

*Park Branch*

In collaboration with the Hispanic Health Council, Maria Ortiz provides presentations on domestic violence to raise awareness. March topic: Women History Month, and Wendy from Capital Community College will be talking about educational opportunities at Capital.

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## **ArtWalk Opening:**

### **Erik Williams, Lost in Color**

Friday, March 13: 5:30-7:30PM

*Downtown Library, ArtWalk, 3rd Floor*

Join us to view a collection of Hartford black and white street photography by Erik Williams of Black Frame Vision. Exhibit runs March 13 - April 26.

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## **Love Your Block Hartford**

Friday, March 13th: 2:30-4:30PM

*Camp Field Library*

Learn about the opportunity to get involved in this City of Hartford project to beautify your neighborhood, and make a difference with "Love Your Block" \$ 1,000-grant.

## **Crochet Workshop at the Park Library**

Saturday, March 14: 11AM-12:30PM

*Park Library*

Crochet Workshop for all levels, with guidance highly skilled participants will make something to wear for the March 27 field trip to Stitches United.

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## **Introductory Yoga Classes**

Wednesdays, March 18 & 25: 10:30-11:30AM

*Camp Field Library*

Come join us for yoga and learn its many health benefits. You will leave the class feeling refreshed and relaxed!

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## **Hartford Today: Teen-led Program**

Wednesday, March 18: 5:30-7:30PM

*Albany Library*

Join us for a follow up, teen-led program on the contemporary issues that matter most to teens in the neighborhood. This is the closing program for the Hartford '67 / Detroit '67 exhibition that shows images from the riots of the late '60s in both cities.

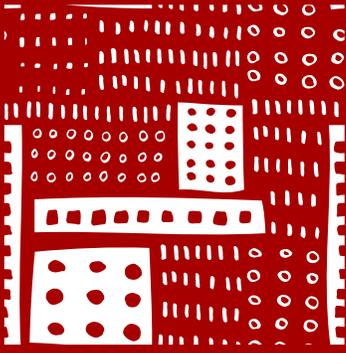
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## **Valiant Women of the Vote--Centennial of the 19th Amendment**

Friday, March 20: 11AM-1PM

*Camp Field Library*

Celebrate the 2020 Women's History Theme celebrating the centennial of women's right to vote with a picture gallery and historical documents that show how the struggle was won.



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## **Mental Health Pre-Screening Day**

Saturday, March 21: 1-4PM

*Downtown Library, Atrium*

Receive free mental health pre-screening and information about local resources. Music by #Hot937 DJ Craig G, and featuring Love & Hip Hop's own Jada Blackwell.

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## **Computer Basics 101-Bilingual**

**(English/Spanish) Session 3-**

## **Understanding & Managing Social Media**

Monday, March 23: 6-7PM

Tuesday, March 24: 10:30-11:30AM

Wednesday, March 25: 10:30-10:30AM

*Park Library*

Understanding and managing social media (Instagram, Facebook, etc.) in an interactive class with cellphones.

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## **Jazz 201**

*Downtown Library,*

*Center for Contemporary Culture*

3/23: The Blues and the beginnings of Jazz

3/30: The Jazz Age

4/6: The Swing Era

4/13: Bebop

4/20: Economic History of Jazz

4/27: After Bebop

5/4: Jazz Expansions of the 1950s

5/11: People's Choice

After last year's highly successful run of Jazz 101 workshops, instructor Ben Young is offering the follow-up course this spring. Jazz 201 flows through the entire history of Jazz music in sequence. This intermediate course, though, focuses on more refined lessons.

## **Scent, Memory, & Spirit:**

## **An Essential Oils Workshop**

Thursday, March 26th: 5:30-7:30PM

*Dwight Library*

This workshop is offered by Azua Echevarria and will include a brief exploration of the dynamic between plant medicine/essential oils with a specific discussion around the teachers top three favorite essential oils.

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## **Field Trip to Stitches United for Crochet and Knitting Participants**

Friday, March 27: 10AM-4:30PM

*Park Library*

Participants who have attended the crochet and knitting groups at HPL will attend the convention as a group, with a day full of fun, excitement, and all things yarn. (limited to 10 participants).

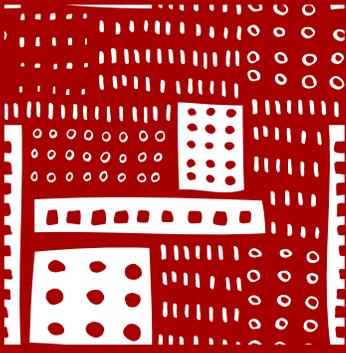
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## **Women's Self Care: Health and Wellness Community Event**

Saturday, March 28: 11AM-2PM

*Downtown Library, Atrium*

Join us to access health and wellness services for women in our city. There will be health screenings, providers available to answer your health questions, and workshops to help you feel fabulous.



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## **Hartford Women in Business: An Exhibit by the Hartford History Center at HPL**

March Exhibit  
*Dwight Branch*

In honor of Women's History Month, learn about five women who run businesses in Hartford, CT: Andrea Cortez, Tainted Inc; Constanza Segovia, VEO VEO Design; Latoya Lashell Gibbs, How Bazaar; Azua Echevarria, Age Into Beauty; Trudi Lebron, Trudi Lebron Impact Coaching. In the fall of 2018, volunteer Allison Kyff recorded audio interviews and took photographs of five women who started businesses in Hartford. View their photographs, learn about their business journeys in Hartford.

## **Baby Grand Jazz Series**

Sundays: 3-4PM

*Downtown Library,  
Center for Contemporary Culture*

3/1: Ron Smith Quintet

3/8: Afro-Semitic Experience

3/15: Iris Ornig Quintet

3/22: Haneef N. Nelson Quintet

3/29: Ricky Alfonso Group

4/5: Envisage Collective

4/19: The Joe Carter Samba Rio

4/26: TAEKO (*Atrium*)

Enjoy an afternoon of free jazz at the Hartford Public Library