

Hartford Public Library

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OCTOBER '19 ADULT PROGRAMS

Poetry Workshop Series with Kate Rushin

Tuesdays, October 1, 8 & 15: 1pm-3pm

Albany Library, 1250 Albany Avenue

Join award-winning teacher, poet and storyteller Kate Rushin for a poetry writing workshop series around identity and self-discovery. Participants are welcome to bring a photo from their past and a current photo. The workshop will revolve around the topics of who they were then and who are they now, their journey, their evolution and the events that define their current identity.

Park Library Knitting Group

Wednesdays, October 2, 9, 16, 23 and 30, 1:00-2:00 pm

Park Library, 744 Park Street

A Knitting group for knitting novices where everyone is learning together and teaching each other knitting basics, using technology. All are welcome and all materials are provided for free.

Food Prep & Tasting with UCONN Nutritionist

Wednesday, October 2, 9, 16 & 23, 6-7:30 pm

Barbour Library, 261 Barbour Street

Learn how to shop for and make nutritious meals and snacks for better health. The teacher, a certified nutritionist, will share recipes, tips to make meal preparation easier during the week, weight loss tips and more.

Bob Steele on the Radio Book Launch

Thursday, October 3, 5:30-7:30pm

Hartford History Center, Downtown Library (3rd Floor), 500 Main Street

Come hear from local author Paul Hensler about his biography, *Bob Steele on the Radio: The Life of Connecticut's Beloved Broadcaster*. Books will be available for purchase and signing. For more than sixty years, Bob Steele was the radio voice of Southern New England. Hensler utilized the Bob Steele collection at HPL's Hartford History Center for some of his research.

Women Empowerment Group

Thursdays, October 3 & 17, 12 pm-2 pm

Park Library, 744 Park Street

A women support group where women come together to talk about different topics, listen to guest speakers, and learn something new. With a focus on developing positive life skills, and boosting self esteem. Everyone is welcome.

Researching Hartford's Early Black Community

Saturday, October 5, 11am-12:30pm

Hartford History Center, Downtown Library, (3rd Floor) 500 Main Street

The Ancient Burying Ground Association and the Hartford History Center will present a workshop on researching Hartford's early Black community, including new research. No reservations needed.

Yoga At Albany

Saturday, October 5 & 12, 10:00 - 11:30 am

Albany Library, Community Room, 1250 Albany Ave.

Instructor: Michelle Banks. Free & open to the public. All skill levels welcome. Registration required. Call Anwar Ahmad at 860-595-8820.

Adult Coloring Sheet Watercolors

Monday, October 7, 6-7:30 pm

Barbour Library, 261 Barbour Street

Join us in ainting in the intricate designs on adult coloring sheets with shimmering watercolor paints. A great way to socialize and relax with a great group of people.

Author Talk with Stephanie Burt

Thursday October 10th, 5:30-7:30pm

Center for Contemporary Culture, Downtown Library, 500 Main Street

Join us for an evening with Stephanie Burt, author of Hartford Public Library's Big Read selection *Advice from the Lights*. Featuring a showcase of art and poetry created during the Big Read.

YOUmedia Fashion Show

Friday, October 11, 5:30-7:30 pm

Center for Contemporary Culture, Downtown Library, 500 Main Street

If you saw the spectacular runway show YOUmedia put on in May, you know you don't want to miss this! All the models and several of the designers for the show are teens from YOUmedia, working under the guidance of HPL mentor DaShaun Hightower, a veteran of the fashion industry.

Saturday Afternoon at the Movies

Batman Begins: Saturday, October 12, 12 noon

Divergent: Saturday, October 26, 12 noon

Albany Library, 1250 Albany Avenue

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OCTOBER '19 ADULT PROGRAMS (continued)

PECES: Padres Eficaces con Entrenamiento Sistemático

Saturday, October 12, 1-3:00 pm
Park Library, 744 Park Street

PECES está específicamente diseñado para ayudar a los padres a relacionarse con mayor eficacia con sus hijos. Esto se logra mediante un entrenamiento sistemático del niño y en el cual los padres ponen en práctica de manera eficiente con muy buenos resultados. (An all Spanish program for parents to learn about PECES, a positive approach to dealing with children with difficult behaviors.)

Wrapped Yarn Paint Resist Birch Tree Painting

Monday, October 14, 6-7:30 pm
Barbour Library, 261 Barbour Street

Wrap yarn around the canvas, paint it in the hues of autumn, take off the yarn and you'll have a beautiful painting of a birch forest in the fall!

Hartford's Hispanic Community Stars

Thursday, October 17, 5:30 – 7:30 pm
Camp Field Library, 30 Campfield Avenue

In celebration of Hispanic Heritage Month, Camp Field will host a tribute to local Hispanic men and women who have made a difference in the community. The event will begin with a light supper, followed by story sharing and a panel discussion.

How To Get A Grant And What To Do Next

Friday, October 18, 9:00 am – 4:30 pm
Room 140, Downtown Library, 500 Main Street

This full-day workshop (refreshments & lunch provided) teaches the basics of foundation and corporate funding, including what to do when your organization actually receives a grant. The workshop includes interactive group exercises to reinforce what is learned. Presented by Judith Margolin, Needagrant.org

Indigenous People's Celebration

Saturday, October 19, 10 am – 4 pm
Downtown Library, Multiple Areas, 500 Main Street

The celebration will include a film screening of "As We Tell Our Stories," a talk by Hartford resident Mixashawn Rozie about his book, "Indigenous Roots of Social Evolution," and a panel discussion on "Being Indian in Hartford," as well as Native American vendors, food, music and dance.

Regional School Choice Information Session

Saturday, October 19, 11 am - 1:00 pm
Park Library, 744 Park Street

With the many school options available in CT, learn about all the educational opportunities available to your child through the Regional School Choice Office (RSCO) before the RSCO lottery opens in November. RSCO representatives will be present to answer questions, and share their knowledge in hopes of helping parents in making a well informed decision about their children's educational future. There will also be a fun activity for kids.

PANG! East Coast Premier

Wednesday, Oct. 23, 5:00 p.m. Reception; 5:30 p.m. Performance
Center for Contemporary Culture, Downtown Library, 500 Main Street

Pang! is an evening of three highly original theater pieces about real families facing challenges of contemporary working class life in America — from hunger and gun violence to foreclosure and anti-immigration bias — with love, humor, and intelligence. This performance is a partnership between Thomas J. Dodd Research Center, UConn Asian and Asian American Studies Institute, UConn School of Social Work, UConn Hartford, University of Saint Joseph.

2nd Annual Women's Women's Empowerment Event

Wednesday, October 30, 5-7 pm
Center for Contemporary Culture, Downtown Library, 500 Main Street

Park Library will hold its second annual Women's Empowerment Celebration in partnership with the Hispanic Health Council. The primary topic of discussion for the evening will be "A Woman's Journey Toward Self Love." There will be Zumba classes, a raffle, refreshments and more. Children will be entertained by an educational puppet show in the Children's Department on the third floor.