

Hartford Public Library

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OCTOBER '19 ADULT PROGRAMS

Poetry Workshop Series with Kate Rushin

Tuesdays, October 1, 8 & 15: 1pm-3pm

Albany Library, 1250 Albany Avenue

Join award-winning teacher, poet and storyteller Kate Rushin for a poetry writing workshop series around identity and self-discovery. Participants are welcome to bring a photo from their past and a current photo. The workshop will revolve around the topics of who they were then and who are they now, their journey, their evolution and the events that define their current identity.

Park Library Knitting Group

Wednesdays, October 2, 9, 16, 23 and 30, 1:00-2:00 pm

Park Library, 744 Park Street

A Knitting group for knitting novices where everyone is learning together and teaching each other knitting basics, using technology. All are welcome and all materials are provided for free.

Food Prep & Tasting with UCONN Nutritionist

Wednesday, October 2, 9, 16 & 23, 6-7:30 pm

Barbour Library, 261 Barbour Street

Learn how to shop for and make nutritious meals and snacks for better health. The teacher, a certified nutritionist, will share recipes, tips to make meal preparation easier during the week, weight loss tips and more.

Bob Steele on the Radio Book Launch

Thursday, October 3, 5:30-7:30pm

Hartford History Center, Downtown Library (3rd Floor), 500 Main Street

Come hear from local author Paul Hensler about his biography, *Bob Steele on the Radio: The Life of Connecticut's Beloved Broadcaster*. Books will be available for purchase and signing. For more than sixty years, Bob Steele was the radio voice of Southern New England. Hensler utilized the Bob Steele collection at HPL's Hartford History Center for some of his research.

Women Empowerment Group

Thursdays, October 3 & 17, 12 pm-2 pm

Park Library, 744 Park Street

A women support group where women come together to talk about different topics, listen to guest speakers, and learn something new. With a focus on developing positive life skills, and boosting self esteem. Everyone is welcome.

Researching Hartford's Early Black Community

Saturday, October 5, 11am-12:30pm

Hartford History Center, Downtown Library, (3rd Floor) 500 Main Street

The Ancient Burying Ground Association and the Hartford History Center will present a workshop on researching Hartford's early Black community, including new research. No reservations needed.

Yoga At Albany

Saturday, October 5 & 12, 10:00 - 11:30 am

Albany Library, Community Room, 1250 Albany Ave.

Instructor: Michelle Banks. Free & open to the public. All skill levels welcome. Registration required. Call Anwar Ahmad at 860-595-8820.

Adult Coloring Sheet Watercolors

Monday, October 7, 6-7:30 pm

Barbour Library, 261 Barbour Street

Join us in ainting in the intricate designs on adult coloring sheets with shimmering watercolor paints. A great way to socialize and relax with a great group of people.

Author Talk with Stephanie Burt

Thursday October 10th, 5:30-7:30pm

Center for Contemporary Culture, Downtown Library, 500 Main Street

Join us for an evening with Stephanie Burt, author of Hartford Public Library's Big Read selection *Advice from the Lights*. Featuring a showcase of art and poetry created during the Big Read.

YOUmedia Fashion Show

Friday, October 11, 5:30-7:30 pm

Center for Contemporary Culture, Downtown Library, 500 Main Street

If you saw the spectacular runway show YOUmedia put on in May, you know you don't want to miss this! All the models and several of the designers for the show are teens from YOUmedia, working under the guidance of HPL mentor DaShaun Hightower, a veteran of the fashion industry.

Saturday Afternoon at the Movies

Batman Begins: Saturday, October 12, 12 noon

Divergent: Saturday, October 26, 12 noon

Albany Library, 1250 Albany Avenue

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