



**FOR IMMEDIATE RELEASE**

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**We've Got the Power! Presentation on the Power of Age**

**Hartford, Connecticut (April 29, 2013)** — The Hartford History Center will kick off National Older Americans Month on Saturday, May 11, with a special presentation called “Unleashing the Power of Age” with Dr. Louise E. Loomis.

Presented from 10:30 a.m. until noon in the Hartford History Center on the third floor of Hartford Public Library's Downtown Branch, Dr. Loomis' lively presentation will emphasize the storehouse of wisdom older men and women possess, and how to use this accumulated knowledge to enhance self-esteem, the lives of others, and to influence decision makers. She will also discuss new research on the brain and using the natural skills acquired through age to solve problems, think creatively and unleash one's power.

A graduate of Bryn Mawr College, Dr. Loomis also holds a master's degree in Urban Education from the University of Hartford and a doctorate in Creative Education from the University of Massachusetts. Originally a science teacher at the high school level, she founded the New England Cognitive Center in 1989, and began a new career working with college students. She taught for more than 20 years at Hartford College for Women, at the University of Hartford and at Goodwin College. Now retired from formal teaching, Dr. Loomis serves as a mentor, teacher and curriculum developer at ThinkWell Center LLC, which she founded in 2011.

The ThinkWell Center offers programs designed to sharpen thinking and creativity for people of all ages. Dr. Loomis has presented papers at many conferences, and her writings include books, articles, and newsletters.

All are welcome to this free program, and no registration is required.

**About Hartford History Center**

The Hartford History Center is home to the Hartford Collection, a non-circulating, multi-media collection comprised of more than 100,000 books, trade publications, directories, postcards, photographs and memorabilia that convey community life in Hartford spanning more than 300 years. To learn more about the History Center, please visit [www.hhc.hplct.org](http://www.hhc.hplct.org)

## **About Hartford Public Library**

The Hartford Public Library traces its roots to 1774. It operates 10 locations in the City of Hartford. The Library receives more than 865,000 visits per year. Services include access to a large collection of materials for reading and research, as well as music and video. Programs provide education, information and enrichment to the people of Hartford in such areas as citizenship training, literacy, business skills and cultural awareness. The mission of Hartford Public Library is to provide free resources that inspire reading, guide learning, and encourage individual exploration. To learn more about the library, please see [www.hplct.org](http://www.hplct.org).